

Kwan Yin Loves Pie Cookbook



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*Good Vegetarian Food to
Delight the Heart and Stomach*

FIVE THOUGHTS

We must think deeply of the ways and means by which this food has come.

We must consider our merit when accepting it.

We must protect ourselves from error by excluding greed from our minds.

We will eat lest we become lean and die.

We accept this food so that we may become enlightened.

This cookbook is dedicated to Kwan yin, Buddha-Mother of Great Compassion and Healing. A statue of Kwan yin stood in the Chinese Joss house in Lytton from 1881 to 1928.

Thank you to everyone who helped to make this project possible.

Lions Gate Buddhist Priory is a contemplative monastic community located in the Botanie Valley near the village of Lytton, British Columbia. We offer meditation instruction, retreats and the full range of Buddhist services. For more information please contact us.

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